Dr. David Kirlin, DPM

Dr. Ryan Meredith, DPM

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## Ingrown Nail Surgery Information (Amerigel Wound Dressing Technique)

The purpose of this procedure is to prevent the regrowth of the toenail that has been causing your problem. This procedure is quite successful, however there is a small chance of regrowth of the nail. As with any surgery, there is a small chance of infection.

A chemical, used to destroy the nail root, will cause drainage for 3-6 weeks. Expect a minimal amount of redness as well as some swelling around the nail fold. Tylenol/Ibuprofen in most cases will alleviate any discomfort.

\*\*The first 1-2 hours after surgery, try to keep foot elevated to reduce the chance of swelling as well as bleeding. Leave the bandage in place until the next morning at the earliest and follow post-op instructions below.\*\*

\*\*\*\*\*NOTE: Your toe could be numb for 6-10 hours after surgery. \*\*\*\*\*

## Instructions for self-care after nail surgery

- Step 1: After showering or bathing, blot the surgical site (nail bed) dry and apply a liberal amount of AmeriGel Wound Dressing. **Stinging may occur and is normal**.
- Step 2: Cut a suitable size piece of gauze to fit directly over the entire surgical area.
- Step 3: Secure gauze in place with a band-aid/paper tape. IMPORTANT: The band-aid/paper tape should be applied around the toe resembling a ring. When dressing a toe, apply band-aid/paper tape loosely.

DRESSING SHOULD BE CHANGED ONCE DAILY FOLLOWING BATHING

Please call if you have any questions or concerns: (704)861-0425